



RCM & UAERF
AGE DIFFERENTIAL PLAYING
DISPENSATION FORM
Season 2026–27



1. PLAYER DETAILS

Player's Name	
Club / School Name	
Date of Birth	DD/MM/YYYY
Age at last 31 August – Start of Season	
Current Age Group	
Proposed Age Group	

2. DISPENSATION REQUESTED

Playing category (tick one)		Dispensation type (tick if applicable)	
Mixed	☐	Front Row Player	☐
Contact	☐	16-year-old into Adult rugby	☐
Quick Rip	☐	Play up one year / two years (Reg 14.5 / 14.6)	☐

3. NAME & SIGNATURE

Role	Name	Signature	Date
Parent / Legal Guardian			DD/MM/YYYY
Club Chairman / Director of Rugby			DD/MM/YYYY
UAERF Head Coach <i>Required under Reg 14.3</i>			DD/MM/YYYY
Medical Professional <i>Required under Reg 14.6</i>			DD/MM/YYYY

4. RULES – COMPETITION RULES, SECTION 14: AGE DIFFERENTIAL PLAYING

- 14.1** To play in senior Men's or Women's competition a player must be an Adult or at least 17-years old at the time of playing, with a completed dispensation form signed by Parent / Legal Guardian; Coach; Club Chairman or Director of Rugby for the Club, kept on file by the club.
- 14.2** Front row players must be at least 18-years old, at the time of playing, to play in senior competition.
- 14.3** In order for a player who is 16 years old to play in Open Men's or Women's rugby, a UAERF sanctioned dispensation form is required. This is the same form for 14.1 but is sent to the UAERF Head Coach for approval at his/her sole discretion.
- 14.4** In all categories of M&Y no player may play down an age group.
- 14.5** At the club's request a M&Y player may "play up" one year (as opposed to age grades). In order to do so the player will need a completed dispensation form, signed by Parent / Legal Guardian; Coach; Club Chairman or Director of Rugby. To be kept on file by the club.
- 14.6** At the club's request a M&Y player may, by exception, "play up" two years (as opposed to age grades). In order to do so the player will need a completed dispensation form, signed by Parent / Legal Guardian; Coach; Medical Professional; Club Chairman. To be kept on file by the club.
- 14.7** No player is allowed to "play up" more than two years.